

# What Every Member Needs to Know About Being Safe and Our Code of Conduct

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# Introduction

Southern Ski Club for the Disabled *expects* good standards of all members participating in club events and activities and of their families. This also includes that every member is, by law, expected to act safely and to act in a way that is not a danger to anyone else whilst on and off the slope.

All SSCD Members and Guests of this Club should be familiar of the club's **Code of Conduct** as set out in this document.

#### Our Code of Conduct Policy

#### We and Snowsport England (SE) expect the highest standards of all young

#### people and vulnerable adults participating in snowsport and their families to;

- Not to use inappropriate language or gestures, including foul, sexist, abusive, racist or prejudicial language or tolerate it from other members or guests.
- Display high standards of behaviour.
- Not condone, or allow to go unchallenged, any form of discrimination if witnessed.
- Conduct themselves in a manner that takes all reasonable steps to protect their own safety and that of others.
- Promote the positive aspects and fair play.
- Encourage all participants to respect the decision of Guides and Helpers and avoid arguing with them.
- Recognise good performance and not just good results.
- Place the well-being and safety of the child above the development of performance.
- Respect children's opinions when making decisions about their participation in sessions.
- Abide by the club's Policies.
- Understand that any breach of Policies may be actioned accordingly.
- Not to use the internet or social media to make derogatory remarks about other people involved in snowsport, or clubs, or anything related to snowsport that could be interpreted as wrong, unkind or that could bring the sport into disrepute.

SSCD Health and Safety / Code of Conduct

### Skiing safely

#### Skiers must;

- **O** only ski WITH allocated Guide / Helper and allows to do so
- **O** be aware of what is required (if possible) and ask if unsure,
- **O** not be distracted by others or other activities,
- not ski without a guide/helper, unless you have been authourised to ski as an independent skier.
- must ski with correct safety equipment (gloves, safety hat, long sleeves, etc.),
- O must enjoy and have fun
- **O** understand and follow the code of conduct on and off the slope

#### Guides and Helpers must;

- **O** be responsible for their own safety AND the safety of their Skier.
- stay within a contactable distance of their Skier, so they can hear and see what is expected and can be retrieved from a potential accident before it happens.
- not let Skiers ski outside their ability, or you are not happy with, BUT should encourage skiers to progress without harm.
- **O** not ski outside your own ability or of the Skier.
- stop skiing if unhappy with any activity, or if the skier presents a problem you are not prepared to accept (e.g. refusal to wear a safety helmet) as you will be held responsible for any problems.
- **O** understand and follow the code of conduct on and off the slope

• Report any suspicious events or activities that are deemed unsafe on and off the slope to the designated Centre Organiser or person supervising.

All members expect to have a safe environment in which to ski. There are three key steps that should be taken to stop accidents before they happen.

#### 1. Be aware of hazards.

Spot situations that could lead to accidents and report them to the person in charge of the activity.

#### 2. Remove hazards.

Act immediately to correct problems and report any dangerous situations to the person in charge of the activity. If you need a hand in moving equipment, ask for it.

#### 3. Protect people.

Help keep skiers, colleagues and any others nearby safe until the problems have been put right and made safe.

### **Top Ski Safety Tips**

- 1. Before each activity check for fire and safety hazards.
- 2. Be aware of our Skiers. Be courteous, but make sure they behave safely.
- 3. Carry out the activities at a safe pace to enable everyone to be in control of their actions at all times don't rush.
- 4. Return equipment to its proper place after use and store correctly and safely.

# You may have to clear up any mess left behind by skiers, visitors and colleagues to ensure other users of the facilities are not put at risk.

## Further notes:

SSCD Members should be aware the safety responsibilities and the code of conduct associated with providing skiing and other activities by the club. All activities should be carried out only by trained and competent persons.

SSCD sets out to achieve competence in these tasks through its Guide Training Programme.

All members should be familiar with Our Club Statement of Care and value it's purpose including Safeguarding. Copies can be requested.

SSCD is an affiliated member of Snowsport England (SE) and follows SE's Safeguarding Policy "SnowSafe". A copy of our Safeguarding can be shared upon request.